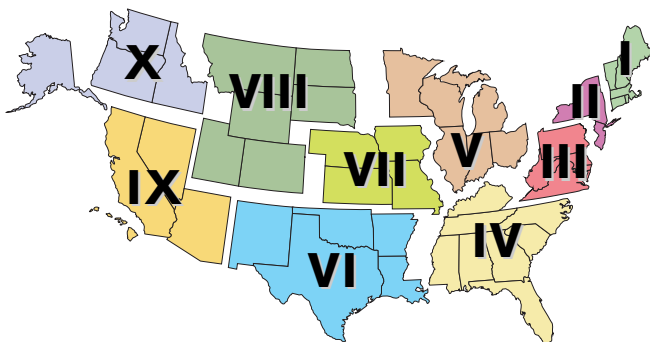


Resources

With a multitude of Medicare regulations to comply with, providers need practical and useful information to help them do so. Each issue of MPM will present a number of useful resources to reflect the latest information, as well as background materials designed to be of help.

- **Communication tools for the office or other education efforts:**
www.cms.hhs.gov/medlearn/drugcoverage.asp
- **Communication tool kit for partners:**
www.cms.hhs.gov/partnerships/tools/materials/medicaretraining/MPDCoutreachkit.asp
- **Easy to use plan locator:**
www.medicare.gov
- **For help with prescription drug costs:**
www.socialsecurity.gov/prescriptionhelp or call 1-800-772-1213
- **Regional office centers for Medicare and Medicaid services:**
 - Region I, Boston 617-565-1188
 - Region II, New York 212-616-2205
 - Region III, Philadelphia 215-861-4140
 - Region IV, Atlanta 404-562-7150
 - Region V, Chicago 312-886-6432
 - Region VI, Dallas 214-767-6401
 - Region VII, Kansas City 816-426-5233
 - Region VIII, Denver 303-844-2111
 - Region IX, San Francisco 415-744-3501
 - Region X, Seattle 206-615-2306
 - Medicare National Free . 1-800-MEDICARE



- **1-800-MEDICARE or State Health Insurance Assistance Programs**
 - Alabama (800) 243-5463
 - Alaska (800) 478-6065

- Arkansas (800) 224-6330
- Arizona (800) 432-4040
- California (800) 434-0222
- Colorado (888) 696-7213
 or (800) 544-9181
- Connecticut (800) 994-9422
- District of Columbia (202) 739-0668
- Delaware (800) 336-9500
- Florida (800) 963-5337
- Georgia (800) 669-8387
- Hawaii (888) 875-9229
- Idaho (800) 247-4422
- Illinois (800) 548-9034
- Indiana (800) 452-4800
- Iowa (800) 351-4664
- Kansas (800) 860-5260
- Kentucky (877) 293-7447
- Louisiana (800) 259-5301
- Maine (877) 353-3771
- Maryland (800) 243-3425
- Massachusetts (800) 243-4636
- Michigan (800) 803-7174
- Minnesota (800) 333-2433
- Mississippi (800) 948-3090
- Missouri (800) 390-3330
- Montana (800) 332-2272
 or (800) 551-3191
- Nebraska (800) 234-7119
- Nevada (800) 307-4444
- New Hampshire (800) 852-3388
- New Jersey (800) 792-8820
- New Mexico (800) 432-2080
- New York (800) 333-4114
- North Carolina (800) 443-9354
- North Dakota (888) 575-6611
- Ohio (800) 686-1578
- Oklahoma (800) 763-2828
- Oregon (800) 722-4134
- Pennsylvania (800) 783-7067
- Puerto Rico (877) 725-4300

Rhode Island (401) 462-3000
 South Carolina (800) 868-9095
 South Dakota (800) 536-8197
 Tennessee (877) 801-0044
 Texas (800) 252-9240
 Utah (800) 541-7735
 Vermont (800) 642-5119

Virginia (800) 552-3402
 Virgin Islands (340) 772-7368
 Washington (800) 562-6900
 West Virginia (877) 987-4463
 Wisconsin (800) 242-1060
 Wyoming (800) 856-4398
 Elder Helpline (800) 677-1116

My Medicare Matters™: New Education Program on Prescription Drug Coverage

My Medicare Matters™ (MMM) is a new, comprehensive national educational program to help people with Medicare and their families understand the new Medicare prescription drug coverage (Part D), assess their personal situation, understand their choices, compare plan options, and make the enrollment decision that is right for their health and financial situation. It is sponsored by The National Council on the Aging (NCOA) and the Access to Benefits Coalition (ABC), with support from AstraZeneca Pharmaceuticals LP.

- MMM, a grassroots, community-based educational initiative, has a national presence:
 - On-the-ground teams in 27 states and the District of Columbia
 - Donation of wireless laptops with pre-loaded software to organizations that assist people with Medicare in the other 23 states
 - A Web site for people with Medicare, their families, and friends who want to help
- MMM will be active throughout the 6-month Part D enrollment period, which ends May 15, 2006
- MMM provides the ideal combination of “tech and talk”—sophisticated information and education technology via laptop computers and one-on-one support via NCOA benefit educators who are part of the ground teams

MMM is multifaceted and will reach people with Medicare at many levels

- A fleet of 37 mobile education vans will

bring trained educators and technology to 27 states and the District of Columbia (44 metro areas and nearly 300 counties)

- MMM will work with trusted community organizations, such as local Access to Benefits Coalitions, to support events where seniors can talk to educators, who will provide individualized, personal attention and guidance about the new coverage and options
- Educators will use computers to help seniors learn about the new prescription drug coverage, understand the choices they need to make, and use Internet-based tools, such as NCOA's BenefitsCheckUpRx and the Medicare Prescription Drug Plan Finder, to assess their situation and find and compare plans
- If and when seniors are ready to join a plan, educators will assist them enroll online or advise them about other methods for joining a plan
- In 23 other states, MMM will use over 700 laptop computers donated to community organizations that work with people with Medicare. This will enable staff to assist people with Medicare in learning about and understanding the choices in relation to Part D.
- A new Web site, MyMedicareMatters.org, is available for use by people with Medicare, their family and friends, and professionals and organizations. The Web site provides both educational materials and tools to learn about Part D, assess an individual's rights and options, and find and compare plans by linking to CMS' Prescription Drug Plan Finder. They may also enroll online or request extra help from the Social Security Administration. [MPM](#)